The Times of Our Life

<u>www.aubeacon.com</u>

Introduction: We will face very different times during the course of our life.

- A. If we build on a solid foundation then we will be able to stand whatever may come. (Psa 27:4-7)
 - 1. Changes will come in our lives in many ways.
 - 2. Some changes will be a result of circumstances (death, divorce, sickness) while others are a matter of age and maturity.
 - 3. We do not tend to manage change well! Why did Israel want to return to slavery? (Num 11:4-6)
- B. As we get older there will be great changes that we must adjust to.
 - 1.1 am amused by the small changes I see in myself concerning tastes.
 - When real changes come we need the wisdom to understand ourselves and the new opportunities and temptations these changes bring. (Prov 2:1-9)
 - 3. Consider these four times of change.

I. The Teenage Years

- A. God wants you to enjoy life in your youth. (Ecc 11:9-10)
 - 1. Youth is generally a time of less physical encumbrances. There is no house payments or a family to feed.
 - 2. This is a time of great pressure to follow others. Here is where wisdom will give you strength to break away from the crowd.
- 3. Please have the wisdom to listen and stand upon God's word. (**Prov 1:1-9**) B. Beware of the "Invincibility Syndrome."
 - 1. How many you people have though, "I'll never get pregnant," or "I'll never get AIDS," or "I can drink and drive!"
 - 2. Often there is carelessness about sin and its consequences too. As we see, the greater consequences of sin will occur later! (Gal 6:6-7)
- C. Beware of putting off the hard decisions.
 - 1. Some think that since their whole life is ahead that they will have plenty of time for the hard decisions.
 - 2. In this mindset you emphasize the short term things that satisfy (Cars, dates, sports, college..) and ignore eternal things.
 - 3. Satan wants to teach you the lie that life cannot be fulfilling while serving God in your youth. (1 Tim 4:12-16)
 - 4. The priorities you set in youth will often follow you all your life. (Ex. Kenneth Reed's advice to students) (Ecc 12:13-14)

II. The Building of a Home

- A. One of the great challenges of this time is the need to learn to be thoughtful of others.
 - 1. In marriage this is essential! (Mt 19:6; 1 Pt 3:7)
 - 2. When children come there must be an even greater awareness.
 - 3. If we have lived a selfish life then this will come with great stress and difficulty.
- B. The great temptation will often be in the area of how we manage our time and

money. (1 Tim 6:6-11)

- 1. The pressures of trying to finish college, working two jobs, and trying to have furnish a home can be stressful.
- 2. We can set our minds on the wrong things in order to achieve "success." (Col 3:1-4)
- 3. When children appear the time demands can seem unmanageable. Sadly children are often shortchanged because of decisions we have made.
- 4. Please do not say that changes will be made when things slow down a bit!
- 5. Jesus tells us what is really important. (Lk 12:15)
- 6. We can get caught up in things that will amount to a "striving after the wind." (Ecc 1:17; Lk 12:17-21) (Ex. Boxing the wind)

III. Learning to Grow Older

- A. Some have trouble when the signs of aging appear.
 - 1. Men are trouble by the loss of physical ability while the woman may look to "what might have been."
 - 2. In both cases there is often depression, stress, a loss of confidence and a seeking for new friends and a new life.
 - 3. There are some real dangers here.
- B. Here is where we need to have a solid foundation concerning our goals.
 - 1. Why are you here? (Phil 3:12-14)
 - 2. If Christ is first then how should you view your job? Your body? Your marriage? Your things? Your brothers in Christ? Yourself?
 - 3. Our joy should be found in being with Christ forever rather than the things that Jesus has already told us would decay! (Mt 6:19-21)
 - 4. Some of us have been building towards the wrong goal for some time only to have stressful events reveal our hearts.

IV. The Golden Years

- A. Some may look at this time and think, "I have it made."
 - 1.1 have seen many in these years throw it all away!
 - 2.1 also have seen others who have put away their influence.
 - 3. There are many I know who did their most powerful work for God at these times.
- B. Beware of overconfidence and impatience.
 - 1. You can limit your studies to the same material and cover the same ground. Worse yet you can become dogmatic and refuse to listen.
 - 2. There is also a danger of self-righteousness that will cause you to despise others. (Lk 18:9)
- C. Beware of the feeling of worthlessness.
 - 1. Shocking to see the suicide rate among elderly has surpassed teenagers.
 - 2. You need to remember that you are valuable to God! If you have been forgiven then you have an infinite value. (2 Pt 1:9-10)
 - 3. Older Christians have so much to offer. (1 Kgs 12:6-7; Tit 2:4-5; 1 Pt 5:3-5)
 - 4. I can remember many in their later years who encouraged me greatly.
- *Conclusion:* We cannot live any phase of our life without God!