## How to Win the Battle Over Sin <u>www.aubeacon.com</u>

*Introduction:* We need wisdom in order to be faithful and fruitful to our God.

- A. We are to pray for wisdom in the midst of persecution. (Jas 1:5)
  - 1. Wisdom will give us insight into the attitudes and actions of others. (John 16:1-3)
  - 2. More importantly wisdom will give us insight into ourselves.(2 Cor 13:5)
  - 3. We must fight diligent the tendency towards self-deception. (Jer 17:9-10; Gal 6:7)
- B. Many people become trapped in a repeating pattern of life.
  - 1. How common it is to see people make the same mistake over and over again! (Ex. Those who jump into relationships)
  - 2. While our weaknesses are real, through wisdom and diligence we can avoid that repetition that in common to many. (1 Cor 10:13)

## I. How to Fight Temptation

- A. Be willing to fight it!
  - 1. Jesus made it clear the extent of the fight. (Mt 5:28-30)
  - 2. Paul described the battle as a brutal one. (1 Cor 9:24-27)
  - 3. Too many are surrendering because of the pressure of relationships.
  - 4. Those that proclaim themselves as "open-minded" and eschew "traditionalism" often are slaves to the approval of others.
- B. Realize that this is an issue of the heart. (Matt 15:18-19)
  - 1. Changes here will take time.
  - 2. Decisive action must be taken however.
  - 3. Learn as much as you can from God's word.
  - 4. Make God's word a part of you. (Psa 119:11, 36-40)
- C. Insist on Honesty from yourself and others.
  - 1. Find trustworthy friends who will rebuke you. (Prov 27:6)

2. Go to God in prayer and be honest about your temptation. (Matt 26:41) "God delights in our temptations and yet hates them. He delights in them when they drive us to prayer; he hates them when they drive us to despair."

- 3. Have someone you can talk to. (Prov 15:22, 24:6)
- D. Make quick action to be restored after your sin. (2 Cor 6:1-2)
  - 1. Know the promises of God and take them. (1 John 1:7-9)
  - 2. Make any corrections that are needed. (Matt 5:23-24)
  - 3. Learn from your sin. (Example: Peter)
- E. Be willing to learn and be taught. (Prov 1:7)
  - 1. Often the answers are not understood. Wisdom will take time.
  - 2. Avoid stubbornness. You will never change with this attitude. (Prov 18:13)

## II. Some Common Sins We Must Fight

- A. Buried Anger. (1 John 3:15; Gal 5:19-20)
  - 1. Anger is very deceptive even to the one harboring it. (Prov 26:24-26)
  - 2. Buried anger will destroy you.
- B. Allowing our Jobs to Ruin Us.
  - 1. Why do we have a job? (Eph 4:28)
  - 2. Are we willing to be honest about God given limitations? (Heb 11:24-26)
- C. Lack of self-control. (Acts 24:25)
  - 1. Without self control, good things can become evil.

(2 Peter 1:6; 1 Tim 2:15)

- 2. In time men without self control will find a religion that allows them to indulge. (2 Tim 3:1-4)
- D. Stubbornness
  - 1. Stubbornness destroyed King Saul. (1 Sam 15:23)
  - 2. A stubborn man must never be wrong. When he is there is little hope for change.
  - 3. A stubborn man often is easily controlled by others.
- E. A resistance of real change.
  - 1. Repentance involves change. (2 Cor 7:9-10)
  - 2. Change represents the unknown and possible hurt. With faith in God we will change. (1 John 5:4)
- F. Procrastination.
  - 1. Why put off things that pertain to salvation? (2 Cor 6:1-2)
  - 2. The judgment day will not wait on us. (2 Peter 3:10-11)
- G. Lack of Judgment in Romance.
  - 1. Who we marry may have eternal consequences. (Matt 19:9)
  - The strongest of men have fallen due to an unwise marriage.
    (2 Cor 11:4-8)
  - 3. Often we must make a clean break.

## III. Be Willing to Take Action Now.

- A. Confession of a weakness is not enough. (Rev 2:5, 16)
- B. In many cases a clean break is called for. Will you do it?

"It is much easier to repent of sins that we have committed than to repent of those we intend to commit."

C. If knowledge is lacking, then make it sure! (Rom 12:1-2)

*Conclusion:* Sin is common to all men. (Heb 12:2)

- A. Sin must not however be the master of our lives. (Rom 6:19-23)
- B. Some resist becoming a Christian because they do not think they can overcome sin. Yes you can! God said so.